

Make a sashiko pin cushion!
 The Japanese chrysanthemum Kiku represents long life and rejuvenation. It is the symbol of the Emperor of Japan.

Materials:

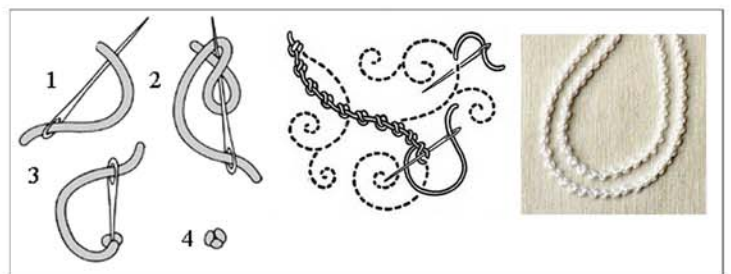
Two 6 inch squares of fabric, cotton or calico
 Cotton Perle No 5 or four strands of floss
 Crewel needle, Stuffing

50 yen piece



Method:

1. Draw the pattern including the outline, lightly onto one of the squares using a water-soluble pen or an HB pencil.
 2. Work the flower and outline in sashiko running stitch. The stitches are longer than the fabric between the stitches.
 3. Draw a circle in the centre of the flower and work a ring of double knot stitch.
 4. Place the two pieces right sides inside and machine, or hand stitch the two pieces together. Leave a small opening. Turn right side out and fill. Slip stitch the opening closed.
- To make this into a scented sachet add lavender and herbs.



Double knot stitch



Slip stitch

Happy stitching, Liz